



# THE CHARLTON CHASE

TEAM KIT LIST



## CHARLTON CHASE TEAM KIT LIST

QUANTITY	INDIVIDUAL EQUIPMENT	TICK
	Warm clothing - to include spares as appropriate to the conditions – NO JEANS.	
1	Hi Visibility vest or jacket – must be visible at all times throughout the event.	
1	Rucksack – is required to hold all equipment, this must be covered by the high visibility cover or vest.	
1	Waterproof Jacket – suitable for the conditions, i.e. hood, storm taped seams and adjustable cuffs.	
1pr	Waterproof trousers - Suitable for the conditions i.e. taped seams.	
1pr	Walking boots - with ankle support and a cleated sole.	
1pr	Gaiters – optional.	
1	Hat.	
1pr	Gloves.	
1	Torch – with spare batteries and bulbs as appropriate.	
1	Water - at least 2 litres per participant.	

QUANTITY	TEAM EQUIPMENT	TICK
1	Mobile phone - must be fully charged and will be sealed by event staff.	
1 or 2	1-2 Map OS sheets: OL11 (Brighton & Hove) and OL10 (Arundel & Pulborough).	
1	Map case.	
2	Compass.	
2	Whistle.	
1	Sleeping bag.	
2	Survival bags.	
1	Group shelter – optional.	
1	First Aid kit to include: <ul style="list-style-type: none"> <li>• <i>In date sterile dressing medium or large;</i></li> <li>• <i>In date plasters;</i></li> <li>• <i>Triangular bandage;</i></li> <li>• <i>Gloves.</i></li> </ul>	
1	Thermos flask.	
1	Notebook - to write down grid references at Gateway checkpoints and general notes.	
1	China graph pencil - to write in all weather conditions on event laminated maps.	
4	Pens, Pencils, or Permanent pens - to write down grid references at Gateway checkpoints, mark event laminated map and general notes.	

**NO High Caffeine Based Drinks**  
**NO Two Way radios**  
**NO GPS**